

## **Ability Levels for 7+ years**

## **Ability Levels for Skiing**

GoSnow Level	Current Ability	Current Terrain Used	Goals for the Lesson
L1 – First Timer	This is my first time skiing.	GoSnow Learning Zone & Magic Carpet.	Learn how to stop and turn both left and right.
L2 - Beginner	I have tried skiing before & I can stop.	Magic Carpet, Holiday & Family Chair.	Ride the chairlift linking turns to control speed.
L3 - Novice	I have used the chair lift & can link basic turns on green runs for speed control.	Holiday & Family Chair, challenging green & easy red runs, easy of piste.	Learn to ski parallel & make varied turn sizes to adapt to steeper and uneven terrain.
L4 - Intermediate	I can parallel turn on blue/red terrain & make varied turn sizes on uneven terrain.	All green/red, easy black runs on & off piste.	Perfecting parallel turns with a pole plant. Turn comfortably on all red/black runs in a variety of conditions.
L5 - Advanced*	I can ski parallel on all runs making varied turn sizes in a variety of conditions.	All mountain including off piste conditions & terrain park.	Continue to develop my skills through improving edging, pressure, timing & coordination & riding more varied terrain including; Trees, bumps, powder & freestyle features.

## **Ability Levels for Snowboarding**

GoSnow Level	Current Ability	Current Terrain Used	Goals for the Lesson
L1 – First Timer	This is my first time snowboarding.	GoSnow Learning Zone & Magic Carpet.	Be able to slide & stop on both edges (toe/heel) gain balance & change direction.
L2 - Beginner	I have tried boarding before & I can stop & control direction on one edge.	Magic Carpet area, Family & Holiday chair.	Perfect single turns on heel/toe & practice linking turns together.
L3 - Novice	I can link turns confidently on green runs.	All green terrain & easy red runs.	Be able to vary turn shape & manage uneven terrain.
L4 - Intermediate	I can make varied turn shapes on green/red runs & uneven terrain.	All green/red, easy black runs on & off piste	Progress to easy black terrain, learn switch riding & basic freestyle.
L5 - Advanced*	I can ride the whole mountain including off piste terrain.	All mountain including off piste conditions & terrain park.	Continue to develop my skills through improving edging, pressure, timing & coordination & riding more varied terrain including; Trees, bumps, powder & freestyle features.

\*Advanced levels for Adult Groups only available in Workshops