

## **Adult and Yama Riders Ability Levels**

## **Skiing**

GoSnow Level	Current Ability	Current Terrain Used	Goals for the Lesson
L1 First Timer	I have never skied before/ cannot stop yet	GoSnow Learning Zone & Magic Carpet	To stop and change direction
L2 Beginner	I can make a wedge and I can stop	GoSnow Learning Zone & Magic Carpet	Working on wedge turns
L3 Novice	I can confidently link wedge turns on green terrain	Green Terrain	Learn to ski parallel and make varied turn sizes and shapes to control speed
L4 Intermediate	I can parallel turn on all greens and most red/blue terrain	All Green, Red/Blue terrain and easy Black terrain	Perfecting parallel turns with a pole plant. Learn to carve and begin to venture off-piste
L5 Advanced*	I can parallel turn on all Black terrain	All Green, Red/Blue and Black Terrain	Build confidence skiing the whole mountain and explore techniques for riding powder, trees, slush and variable conditions. Advance in carving and off-piste

<sup>\*</sup>Advanced levels for Adult Groups only available in Workshops



## **Snowboarding**

GoSnow Level	Current Ability	Current Terrain Used	Goals for the Lesson
L1 First Timer	I have never snowboarded before/ cannot stop yet	GoSnow Learning Zone & Magic Carpet	To stop and control speed using both the edges
L2 Beginner	I can stop and control my speed on one or both edges. I cannot link turns yet	GoSnow Learning Zone & Magic Carpet	Working on linking turns
L3 Novice	I can confidently link turns on green terrain	Green Terrain	Working on varied turn size and shape to control speed
L4 Intermediate	I can confidently link turns on all Red terrain	All Green, Red/Blue terrain and easy Black terrain	Progress to easy black terrain. Learn freestyle/ carving or switch and begin to venture off piste
L5 Advanced*	I can confidently link turns on all Black terrain	All Green, Red/Blue and Black Terrain	Build confidence riding the whole mountain and explore techniques for riding powder, trees, slush and variable conditions. Advance in freestyle, carving and switch

<sup>\*</sup>Advanced levels for Adult Groups only available in Workshops